

Westbury Memorial Public Library

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MARCH/APRIL 2021

Mission Statement: To provide excellent, proactive service to fulfill the informational, educational and recreational needs of the community. The library will:

- Celebrate the joy of learning, reading, the arts, local culture and history.
- Create a comfortable, welcoming atmosphere that supports intellectual freedom
- Sustain a future-focus in response to technological change.

Library Board Meetings – Virtual - Thursday, March 18 and April 15, 7:00 pm, via Zoom

The Westbury Library Board of Trustees would like to invite the public to attend our upcoming board meetings. Meetings are typically held on the third Thursday of each month starting at 7:00 pm. The meeting can be joined at the following **Link:** <https://zoom.us/j/97661902610> or by calling the following phone number on the evenings of the meetings after 6:45 pm: **1-646-558-8656, meeting ID 976 6190 2610**

A Breath of Fresh Air: The Women of the H. H. Garnet Memorial Home, Westbury

Thursday, March 4, 7:00 pm

In the late nineteenth century, African American women became more conscious of their own position in society, and of the work they could do to improve the circumstances of others of their gender and race. The H. H. Garnet Memorial Fresh Air Home in Westbury was a product of this trend. Inspired by the work of Mary Garnet Barboza, the Home was established in 1895 by Eliza Williams, Sarah J. S. Garnet and a number of other women, in memory of the renowned African American leader Reverend Henry Highland Garnet. This fresh air home, the first of its kind on Long Island, offered a retreat for working class black women away from congested New York City life. The presenter, Dr. Judith Burgess, Ph.D., is a Cultural Anthropologist, Educator, and Community researcher and a local Westbury resident, who rediscovered the Home about a decade ago. She will shed new light on how the fresh air home came about, and who were the dynamic women involved in its establishment. Join us for this informative and educational program.

TO ATTEND A ZOOM MEETING

All our programs are virtual via **Zoom**. To register for any program, visit our website: www.westburylibrary.org and view our upcoming events. Select the program(s) of interest and click to the link given for registration; enter your name and email. You will receive an email with a link to join the program.

Historical Society of the Westburys: A History of Women in Song

Sunday, March 21, 2:30 pm

This program is a musical illustration of the role of women's lives in society from the 18th century to the 19th Amendment, by which women were given the right to vote. Presenter Linda Russell is a historical musician with a background in the dramatic arts and has appeared in many well-known productions. She will sing a variety of songs which illustrate and explain the history of the changing status of women. Join us for this entertaining and informative program.

A Special Book Talk – Tuesday, March 23, 7:00 pm

In recognition of Women's History month, join Fran Cohen in a special book talk and discussion of two landmark pieces of nonfiction: **The Warmth Of Other Suns: The Epic Story of America's Great Migration** and **Caste: The Origins of Our Discontent** both written by the Pulitzer Prize winning journalist, **Isabel Wilkerson**. Fran Cohen, teacher, facilitator and published writer presents dynamic participation lectures, workshops and discussions on books, and the arts. Read the books, but listeners are certainly welcome as well. The Library will have copies on hand, please call to reserve a copy.

The Joy of Collaging – Tuesday, March 16, 7:00 pm

In this introductory one-hour collage class (which is open to all skill levels), every participant learns collage techniques and creates a masterpiece out of paper in any style of their choosing. Meagan Meehan will present. Ms. Meehan is a Westbury Arts member/instructor. To get a copy of the materials needed see the attached PDF file for this program.

Take and Make Glass Mosaic Photo Frame – Tuesday, April 13, 7:00 pm

Arts and Crafts continue at the Westbury Library! Bonnie Bittner of Glass Art Studios, will take you through the steps to make this one of a kind creation. You will receive in your package: an eight inch frame, different colors and sizes of art glass pieces (already cut to size), adhesive, grout and step by step instructions. Class limit is 15. Packages will be ready for pick up at the Library starting April 5th.

Senior GPS Discussion Group – Wednesday, March 24 and April 14, 6:00 pm

Are you retiring and trying to decide what you will do with the rest of your life? Perhaps you have already retired and need ways to fill your time or organize your time. Join us to discuss creating your GPS (Global Positioning System) for retirement. Share ideas and learn new ones to live your retirement years to the fullest. Linda J. Williams, who is a retiree, consultant, author, blogger and writing coach facilitates this program.

Chair Yoga with Jolie Bosnjak – Wednesdays, March 3, 10, 17, 24, 10:30 am

Want to get in shape but feel regular Yoga is too strenuous for you? Improving flexibility, easing stiffness, creating both spatial awareness and a happy mental state are a few of the benefits that chair Yoga can provide our bodies. Jolie Bosnjak will present.

Library Social Media

Library Facebook: <https://www.facebook.com/westburylibrary>

Library Instagram: <https://www.instagram.com/westburylibrary>

Library YouTube page:

https://www.youtube.com/channel/UCY8q_OFVq7DVmG-yxnONb4w/videos

2021 Tax-Aide Season, AARP, Diana Graham - District Coordinator

There are three (3) options for those who want their taxes prepared, starting February 15th.

1. Call **888-227-7669**, select Option 1 then Option 1 for a Tax-aide location.
2. Access: www.aarpfoundation.org/taxaide to complete the information requested. On **March 2nd**, an email will be sent to Diana Graham's district if the zip code is within her district; or the request will be sent to another district. The tax return will be prepared virtually. The taxpayer should be technologically savvy, have an email account, and have a printer to scan and print their documents.
3. Access: <https://www.irs.gov/individuals/find-a-location-for-free-tax-prep> to find VITA/TCE sites nearby that offer free tax preparation services. Diana Graham's district will begin preparing taxes on **March 2, 2021 using a No Contact Module (virtually)**. Other districts will begin preparing taxes earlier using a no contact module or a drop off module.

Book Discussion - *The Book Woman of Troublesome Creek* by Kim Michele Richardson

Wednesday, March 3, 7:00 pm

Inspired by the true blue-skinned people of Kentucky and the brave and dedicated Kentucky Pack Horse library service of the 1930s, this book is a story of raw courage, fierce strength, and one woman's belief that books can carry us anywhere—even back home. Discussion leader: Kathleen Gaskin, Patron Services Librarian.

Book Discussion - *Anxious People* by Fredrik Backman – Wednesday, April 7, 7:00 pm

From the #1 *New York Times* bestselling author of *A Man Called Ove* comes a charming, ingeniously constructed novel about a crime that never took place, a would-be bank robber who disappears into thin air, and eight extremely anxious strangers who experience the power of friendship, forgiveness and hope - the things that save us, even in the most anxious of times. Discussion leader: Kathleen Gaskin, Patron Services Librarian.

Writers' Workshop – Fridays, March 5, 19 and April 2, 16, 10:00 – 11:30 am

Have you always wanted to be a writer but never had the opportunity to develop your skills and talent? Join our four session virtual Writers' Workshop and begin to explore poetry, memoir and nonfiction writing. Classes will include some engaging activities as well as instruction. Class size is limited to 10 participants in order to have time to share and critique your writing. Presented by Anne Wolf, a creative writing instructor.

Journaling Discussion Group – Fridays, March 5, 12, 19, 26 and April 2, 9, 16, 23, 7:00 pm

Learn the different reasons for journaling and how it can relax, de-stress and help you put your thoughts on paper in a style that is your own. If already journaling, we will discuss the next level and how it can be instrumental in teaching skills of discipline, scheduling and organizing. You will receive information on how to journal for a specific purpose such as notes for memoirs or other life goals. Each session will include discussion so that participants can share obstacles and progress. Author and writing coach Linda J. Williams is the presenter; she will share her expertise.

Pilates with Maryellen – Thursdays, March 11, 18, 25, April 1, 8, 15, 6:00 pm

Need some help improving your posture, increasing your flexibility, or developing your core strength? Using principles based on the Pilates Method, instructor Maryellen Petassi will guide participants of any age through techniques that will help improve balance, stability, posture, coordination and muscle tone by isolating and working various muscle groups through range of motion exercises. Please wear comfortable clothing and have a mat. Maryellen Petassi is a certified personal trainer and a registered Pilate's instructor.

Finding Peace through Meditation – Tuesdays, March 16, 23, 30, April 6, 13, 20, 10:00 am - 11:00 am

When you meditate, you calm and focus your mind through your breathing. Learn how to beat feelings of stress by meditating and start to experience a deep and authentic inner peace. Enjoy this six-week series with Stephany Taylor from Kadampa Meditation Center of Long Island.

St. Francis Hospital Outreach Bus – Tuesday, March 30, 10:00 am - 2:00 pm

St. Francis Health Bus will be parked at **Jefferson Street** to provide free health screenings which includes a brief cardiac history, blood pressure and a simple blood test for cholesterol and diabetes screening with appropriate patient education and referrals as needed. Clients must be 18 years or older. No appointment necessary. **Free flu shots available.**

Teens: College Admissions in the Time of Covid for Teens and Their Families

Thursday, March 18, 7:00 pm

Learn how students can engage with colleges virtually to develop a list of colleges to consider visiting when campuses are fully open. The presenters will discuss the holistic review process and focus on the greater consideration admissions officers will give to extracurricular activities. This program covers how students can position themselves to develop a compelling narrative to increase their chances for admission. Also discussed will be the importance of community service, how it can provide an opportunity for personal growth and an opportunity to showcase a student's character. Please register online, Zoom information will be e-mailed to you.

Board of Trustees

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Director

Tracy Van Dyne

Board Meeting

Thursday, March 18.....7:00
Thursday, April 15.....7:00

Cottage Hours

Wednesday.....10:00 - 1:00
Thursday.....12:00 - 4:00

Adult Library Hours

Monday.....10:00 - 9:00
Tu, W, Th, Fri.....9:00 - 9:00

Adult Library Closed

April 4.....Easter

Children's Library Hours

Monday.....10:00 - 8:00
Tu, W, Th.....9:00 - 8:00
Fri.....9:00 - 5:00

Children's Library Closed

April 4.....Easter