

Westbury Memorial Public Library

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JANUARY/FEBRUARY 2020

Mission Statement: To provide excellent, proactive service to fulfill the informational, educational and recreational needs of the community. The library will:

- Celebrate the joy of learning, reading, the arts, local culture and history.
- Create a comfortable, welcoming atmosphere that supports intellectual freedom
- Sustain a future-focus in response to technological change.

Introduction to the Friends of the Library

Friends Group Forming...and You're Invited! Everybody needs friends, including the Library. On Saturday, January 25, noon to 1:00 pm, we will be holding an *Introduction to the Friends of the Library*. Come find out what the Friends are, what they can do for the Library, and how your talents and enthusiasm can fit in. Bring your friends and learn about ours! Refreshments will be provided.

MOVIES

Ad Astra

Friday, January 3, 6:00 pm
Rated PG-13, 123 minutes

Judy

Friday, January 17, 6:00 pm
Rated PG-13, 119 minutes

Gemini Man

Friday, January 24, 6:00 pm
Rated PG-13, 117 minutes

The Karpenteers Story – Sunday, January 19, 2:30 pm

Take a stroll down memory lane here at the Library with a performance by *The Karpenteers*, a versatile quartet as they bring you the very best of *The Carpenters*. From the first few piano chords, to the smooth, catchy vocal melodies, and the lush harmonies, they masterfully recreate the magic that you remember. Accompanied by classic instrumental interludes and a solid rhythm section, they elegantly transport you back to a memorable time in music. *The Karpenteers* remain faithful to the original arrangements and deliver a nostalgic show that is a fitting tribute to this brother and sister duo. Join us for this wonderful afternoon.

Harmonica and String Quartet Concert – Sunday, January 26, 2:30 pm

The Library welcomes back acclaimed harmonica virtuoso, **Jia-Yi He**, winner of prestigious awards in America, Europe and the Far East. Born in Beijing, China, he began playing harmonica when he was ten years old. Though he learned to play other instruments, harmonicas are what he has chosen to play professionally. He will be accompanied by a string quartet as he plays different kinds of harmonicas and a wide selection of masterworks. Selections will include: "Skater's Waltz," "The Blue Danube Waltz," "The Turkish March (Ronda alla Turca)" and many more. Bring the entire family and enjoy this unique concert.

Overcome with Joy and Gladness; Yet Still We Rise – Sunday, February 9, 2:30 pm

The award "winning and crowd" pleasing *City Sounds Music Ensemble* featuring the multi-talented and electrifying *Jerome "City" Smith* has comprised a special Black History Program. The focus will be on recorded Black music from the pre and post Civil Rights era that crossed over all color lines and barriers, which made "the whole world sing" and come together. "To know where you are going, one must acknowledge and pay homage to the ones' whose shoulders that were stood upon, for change to come." Be a first-hand witness to the uniting power of all genres of music, particularly the influence of Black Music around the globe. This program is guaranteed to inspire, educate and "Edu-tain" all ages and nationalities that commune together for this musical and theatrical offering.

Cooking for Martin Luther King Jr. – Monday, January 20, 7:00 pm

While celebrations of Martin Luther King's birthday tend toward serious discussions and community marches, there is another side to Dr. King that is seldom discussed: Dr. Martin Luther King, Jr. legendary civil rights leader, electrifying preacher...foodie. Dr. King loved down-home Southern cooking such as pork chops, catfish, fried chicken, greens, pecan pie and peach cobbler. Join Pitmaster Brian Collins as we celebrate Dr. King, the man, by cooking a dinner he would have loved. Out-of-district may register January 13. Fee \$5. Class limit 27.

Cooking for the Presidents – Monday, February 10, 7:00 pm

Many of our Presidents and First Ladies were intimately involved in the history of food in this country. George Washington was an experimental agriculturalist who provided Mrs. Washington with 60 varieties of crops. Abraham Lincoln was very much at home in the kitchen and would often cook for his family. We'll be making Martha Washington's beefsteak pie, Mr. Lincoln's chicken Fricassee and a dessert favored by John and Abigail Adams. Presented by Pitmaster Brian Collins. Out-of-district may register January 20. Fee \$5. Class limit 27.

The Essence of Chinese Traditional Culture – Thursday, February 20, 7:00 pm

China has one of the most ancient cultures in the world, encompassing 5,000 years of civilization. With its spiritual foundation centering upon the values of honor, etiquette, wisdom, sincerity, and compassion, traditional Chinese culture was heralded as a divine gift. Join us for an informative lecture. Dr. William Lin and Roger Pina from Long Island Chinese Culture Presentation Team will present.

What is Your Story: A Writing Workshop – Thursday, February 27, 7:00 pm

Do you want to write a book? Maybe you started a book but never finished or perhaps you finished the book but have no idea what to do next. Linda Williams is a writing coach, certified consultant and author of three books. She coaches writers at all stages to complete and publish their work, as well as assisting them in the marketing of their of their book. This workshop will provide valuable information. Join us for this thought-provoking evening. Free, registration required. Out-of-district may register January 20.

Thirty-first African American Read-In

Sunday, February 2, 2:00 pm

Works written by African American authors will be read by school students. The goal of the Read-In chain is to make literacy a significant part of Black History Month. Enjoy music from Westbury School District students. Hospitality will be provided by members of Alpha Kappa Alpha Sorority, Inc., Pi Pi Omega Chapter.

AARP Free Tax-Aide

Wednesdays

*February 5 through April 15
9:30 am - 4:00 pm*

Free tax assistance will be available at the Library especially for patrons 50 and older. AARP volunteers will assist you in the preparation of your tax returns. Bring all necessary documents, including last years tax return. Appointments only.

Note: On February 26 the first appointment starts at 12:30 pm.

Note: Registration for Westbury & Carle Place residents begins Monday, December 23, 2019

Nutrition Workshops – Monday, January 6, 13, 27, and February 3

Thursday, January 16, 23, 30 and February 6, 13, 7:00 pm

Representatives from Cornell Cooperative Extension will present nine seminars on nutrition on the following topics: Exercise, Fruit and vegetable intake, Sugar/Fat/Sodium, Food Safety, Plan/Shop/Save, Dairy, Feeding young children, and Whole grains. The last day, session 9, will be a review and a celebration. Those who attend all 9 sessions will receive a certificate. Free, registration required.

Talleres de Nutrición – Lunes, Enero 6, 13, 27, y Febrero 3

Jueves, Enero 16, 23, 30, y Febrero 6, 13, a las 7:00 pm

Los representantes de Cornell Cooperative Extension presentarán nueve talleres de nutrición en los siguientes temas: ejercicio, frutas y verduras, Azúcar/Grasa/Sal, Seguridad alimenticia, Planificar/Comprar/ Ahorrar, Lácteo, Alimentando a los niños pequeños, y Granos enteros. El último día, sesión 9, habrá una revisión y una celebración. Aquellos quienes asistan a las 9 sesiones recibirán un certificado. Gratis, se requiere registro.

Numerology – Thursday, January 9, 7:00 pm

Numerology is the belief in the divine, mystical and special relationship between numbers and coinciding events. Carole Durand, a clairvoyant numerologist, explains this mystical science. Free, registration required.

How to Hire a Caregiver – Saturday, January 18 or February 15, 11:00 am - 12:30 pm

Being a family caregiver is a challenging task. Learn how to effectively use "Compassionate Caregiving" to support your own family. Understand the mental and physical challenges everyone in the family will experience. Presented by Touching Hearts at Home. Call 516-737-1618 to register. Open to all. Choose one session.

Just Bring the Baby Book Club – Wednesday, January 22, 6:30 pm

Add some more adult time to your week! Join librarians Stephanie and Nicolette to discuss **November Road** by **Lou Berney** and other current reads. Toys will be available for your little ones to play with while we chat. Please check out the book and register before our meeting. If unable to attend, join our Facebook Group.

Property Assessment Grievance Workshop – Tuesday, February 4, 6:30 - 8:30 pm

Join Charles Berman, Town of North Hempstead Receiver of Taxes, as he reviews the assessment process, explains how to fill out the grievance application, and provides tips on filling out the application. Open to all.

Senior Housing Seminar – Tuesday, February 11, 10:00 am

Senior housing is housing that is suitable for the needs of an aging population. It ranges from independent living to 24-hour care. In senior housing there is an emphasis on safety, accessibility, adaptability, and longevity that many conventional housing options may lack. Join Sherry Prinzo and Joanne Weisenfeld from Realty Connect USA as they inform us of the different options available. Open to all.

Free Blood Pressure Screening – Wednesday, January 15 and February 19, 12:30 pm

Free blood pressure screening conducted by St. Francis Hospital will be available the third Wednesday of every month. No appointments needed.

Bodysculpt – Wednesdays, January 22, 29 and February 5, 12, 19, 26, 6:00 pm

Bring a stretchy band, 3 lb. dumbbells and a mat. Instructor Lisa Didyk is an ACE Certified Personal Trainer. Fee \$42. Class limit 30.

Falun Dafa Exercises, FREE – Wednesdays, Jan. 22, 29, Feb. 5, 12, 19, 26, 7:30 pm

Falun Dafa brings calmness, serenity, while also having a substantial benefit to your physical health, mental balance and inner peace. Join George Wei as he goes through a series of easy-to-learn exercises and meditation. Wear comfortable clothing. Free, registration required. Out-of-district residents may register January 13.

Historical Society of the Westburys

Finding the Hidden Treasure in Your Family: From Slavery to Freedom

Sunday, Feb. 16, 2:30 pm

Join us for an important, thought-provoking program presented by Cheryl Wills, an award-winning anchor, reporter and journalist for "New York 1 News." She is the author of **Die Free: A Heroic Family History**, which traces her great-great-great grandfather Sandy Wills' courageous service in the Civil War as a member of the U.S. Colored Troops. Books will be available for purchase and signing.

Driver Safety Classes

AARP Smart Driver Class

Saturday, Jan 11, 10:00 am
Fee \$20 for members, \$25 for non-members, **payable by check or money order to AARP.**

Defensive Driving with Empire Safety Council

Saturday, Feb. 8, 10:00 am
Call Empire Safety Council at **631-664-0652** to register. Fee \$28.

Book Discussion

Beartown by Fredrik Backman

Wednesday, Jan. 8, 7:00 pm
Thursday, Jan. 9, 2:30 pm

We Are All Welcome Here by Elizabeth Berg or The Nickel Boys by Colson Whitehead

Wednesday, Feb 5, 7:00 pm
Thursday, Feb 6, 2:30 pm
Discussion leader: Kathleen Gaskin, Reference Librarian.

TEENS

Homework Help – Tuesdays, starting January 7, 4:00 – 5:00

Beginning January 7, members of the Westbury High School National Honor Society will be available to assist students in grades K through 8 with their homework questions. Sessions are on a first come first serve basis. Children under 10 years old must be accompanied by a parent. The program will take place in the Adult Library, large meeting room.

DIY Friday in the Teen Zone

Every Friday during the Teen Zone, students in grades 7 - 12 can drop in for a hands-on project to inspire creativity. From cooking programs, tech projects to crafts, we'll make something great together!

Board of Trustees

Judy Gerrard, President
Denise Parillo, Vice-President
Ellen F. Hurwitch
Scott C. Cooper
Thomas Maxheimer

Director

Tracey Simon

Board Meetings

Tuesday, January 21.....7:00
Tuesday, February 18.....7:00

Cottage Hours

Wednesday.....10:00 - 1:00
Thursday.....1:00 - 5:00
Saturday.....12:00 - 4:00
First Saturday only

Children's Library Hours

Monday.....10:00 - 8:00
Tu, W, Th.....9:00 - 8:00
Fri, Sat.....9:00 - 5:00
Sunday.....1:00 - 5:00

Library Closed

January 1.....New Year's Day
February 17.....President's Day

Adult Library Hours

Monday.....10:00 - 9:00
Tu, W, Th, Fri.....9:00 - 9:00
Saturday.....9:00 - 5:00
Sunday.....1:00 - 5:00

Library Closed

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February 17.....President's Day