

Westbury Memorial Public Library

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SEPTEMBER/OCTOBER 2018

Mission Statement: To provide excellent, proactive service to fulfill the informational, educational and recreational needs of the community. The library will:

- Celebrate the joy of learning, reading, the arts, local culture and history.
- Create a comfortable, welcoming atmosphere that supports intellectual freedom
- Sustain a future-focus in response to technological change.

Library Open House Celebration – Sunday, September 30, 2:00 - 4:00

Join us for a fun afternoon of music, activities, raffles, giveaways and refreshments! Children will enjoy a Fall Craft and the Bubble Bus. Teens can get Henna Tattoos. Adults will enjoy **DJ Nick from *That's Entertainment*** who will play popular tunes from today and yester-year that will make you want to get up and dance. Come and enjoy!

MOVIES

Book Club

Friday, August 31, 6:00

Rated PG-13, 103 minutes

Won't You Be My Neighbor

Friday, September 14, 6:00

Rated PG-13, 95 minutes

Ocean's 8

Friday, September 21, 6:00

Rated PG-13, 110 minutes

Jurassic World: Fallen Kingdom

Friday, September 28, 6:00

Rated PG-13, 130 minutes

Bus Trip

A Christmas Carol Wednesday, December 5

Treat yourself to a wonderful holiday show that delights all ages - *A Christmas Carol* at the Westchester Broadway Theatre. This new musical adaptation of the Charles Dickens classic features an original score as well as many of the carols we love to sing! See Scrooge and Tiny Tim and all the timeless characters we all love. This version includes a large cast, colorful production numbers, lots of dancing and a surprising new twist! A delicious lunch will be served at the venue consisting of a beef, chicken or catch of the day selection, pasta, salad, vegetables, dessert and coffee or tea. A non-refundable fee of \$99 is payable to **Rendezvous Travel**. Don't miss this fun and exciting musical!

All tickets must be sold by
Monday, October 29 for trip to occur.

One Love, One America, A Celebration of America's Music

Sunday, September 16, 2:30

Award winning Broadway personality *Jerome "City" Smith* and the "*City Sounds Music Ensemble*" will be presenting the fun program "*Building Bridges Not Walls: Using Music as the Key*". This ensemble will pay tribute to artists such as Little Richard, James Brown, Whitney Houston and various Motown and Gospel greats. They will provide historical context as well as personal stories of performing with some of these legends.

Cubanazo (Traditional Latin Music) – Sunday, October 7, 2:30

Come and enjoy traditional music from Cuba, Puerto Rico and the Dominican Republic in honor of Hispanic Heritage Month. Latin music band *Cubabazo* has attracted fans who enjoy salsa and vigorous Latin music. They are a Long Island band who have performed in private events throughout the tristate area.

Guitarrazón (Classical Latin Guitar Music) – Sunday, October 28, 2:30

Guitarist/Flamenco dancer *Lisa Spraragen* and guitarist/composer *Josué Pérez* will celebrate Hispanic Heritage Month with classical guitar music. They will perform selections from Brazil, Mexico, Cuba, Puerto Rico, and Spain. They have been together since the '80s and have performed at the Theater at Madison Square Garden.

Cooking with the Library Staff – Monday, September 17, 7:00

Enjoy a meal with staff from the Library. A host of salads that make one great meal will be served. Start off with an appetizer of a watermelon and feta salad. Continue with samplings of an unique beet salad and a zesty corn and sweet onion salad. A tasty chicken salad on a roll will follow and finish the meal with a Boston Cream Icebox Cake. The recipes will be given. Out of district may register September 10. Fee \$5. Class limit 25.

Cooking with Chef Lucy – Monday, October 15, 6:30

We are going on a Latin American food adventure! Chef Lucy will prepare Choripan with Chimichurri from Argentina (their National version of the hot dog), Chupe de Zapallo (squash soup) from Bolivia, Salsa Guasacaca (a salsa) from Venezuela and a dessert from Chile. Out of district may register October 1. Fee \$5.

Introduction to Smartphone Photography – Thursday, September 13, 6:30 – 8:30

Learn to optimize your smartphone photography using simple techniques. With the *Snapseed* app, you will edit images to enhance detail, add text, frames and more. Prior to the workshop download the FREE app, *Snapseed*. Take some photos to work on during the workshop. Westbury resident, Patricia Beary, artist, photographer and a recipient of many awards will present. Out-of-district residents may register September 7.

Senior Writers Share – Saturday, September 29, 2:30 - 4:00

Come hear the talented seniors from the Westbury Senior Center read their engaging written pieces. You will be inspired, amused and moved by their work. This writing group meets weekly and are represented by a diverse ethnic and religious background. Moderated by Anne Wolf, their creative writing instructor.

Active Living Series – Thursdays, September 20, 27, October 4, 11, 18, 25, 10:30 - 12:00

Join Assemblyman Ed Ra and NYU Winthrop Hospital as they present a six-part set of programs designed to keep you in the best shape; so important as we age. Topics include: **1- Tai Chi for Balance, 2- Sleep, 3- Trends in Nutrition, 4- Lung Health, 5- Empower Yourself, and 6- Diabetes: Prevention and Management**. Choose to attend one class or all of them! Please call Assemblyman Ra's office at 516-535-4095 to register.

Note: Registration for Westbury & Carle Place residents begins August 27, 2018

Please visit our website for more detailed program information.

Computer Basics – Thursday, September 27, 7:00

Learn the fundamentals including keyboard, mouse use, how to set up an email account and the basic desktop layout. Two students per laptop, eight will be available, or you may bring your own. Presented by CMIT Solutions. Free, registration required. Class limit 16.

Fearless Watercolors with Jan Guarino – Saturdays, October 13, 20, 27, and November 10, 17, 24, 9:30 – 11:30

This class will show you techniques that will allow you to trust your instincts with color, add contrast and allow drips and splatters to work for you. Jan owns a design and fine arts firm. Out-of-district residents may register September 24. Fee \$50. Class limit 12.

Fall Prevention with Stepping On – Wednesdays, September 19, 26, October 3, 10, 17, 24, 31, 10:00 - 12:00

This program is proven to reduce falls and build confidence in older people. Light strengthening and balance exercises are done on each session and specialist will contribute to workshops. Marvin Berg from NUMC will lead the program. Free, registration required. Class limit 20.

Nassau University Health Mammogram Van – Thursday, September 27, 8:30 - 12:00

Detecting breast cancer at its earliest stages is the key to saving lives. On-site nurses and technicians will provide a mammography, a breast examination and instructions for self exam. Patients and their physicians will be notified of the results. Senator Phillips and NuHealth is sponsoring this program. For more information and to make an appointment contact Senator Phillips' office at 516-746-5924. For patients 40 and over.

St. Francis Hospital Community Health Bus – Tuesday, September 18, 10:00 – 2:00

Parked on Jefferson Street, the Health Bus will provide free health screenings. Clients must be 18 years or older. No appointment necessary.

Free Blood Pressure Screening – Wednesday, September 12 and October 10, 10:00 - 12:00

Conducted by St. Francis Hospital, the second Wednesday of every month. No appointments necessary.

BodySculpt – Tuesdays, September 11, 18, 25, October 2, 9, 23, 6:00 - 7:00

Bring stretchy band (no handles), 3 lb. dumbbells and a mat. Instructor Lisa Didyk is an ACE Certified Personal Trainer. Fee \$42. Class limit 30.

Yoga – Tuesdays, September 11, 18, 25, October 2, 9, 23, 7:30 - 8:30

Please wear comfortable clothing and bring a yoga mat. Instructor Ariel is a registered Yoga teacher. Fee \$42. Class limit 30.

Tai Chi - FREE – Mondays and Fridays, September 17, 21, 24, 28, October 1, 5, 8, 12, 15, 19, 22, 26, 29 and November 2, 5, 9, 10:00 - 11:00 (16 sessions)

Helps reduce stress and anxiety and increase flexibility and balance. Marvin Berg from NUMC will conduct this series. Free, registration required.

AARP Smart Driver Class – Saturday, September 8, 10:00 - 4:30

Fee \$20 for AARP members, \$25 for non-members; payable to AARP, check or money order only. Class limit 35.

Book Discussion

Cooking for Picasso by Camille Aubray – Wednesday, September 5, 7:00 and Thursday, September 6, 2:30

In the Midst of Winter by Isabel Allende – Wednesday, October 3, 7:00 and Thursday, October 4, 2:30

Discussion leader: Kathleen Gaskin, Reference Librarian.

Historical Society of the Westburys

100 Years of St. Brigid's School – Sunday, September 23, 2:30

Westbury and Long Island Railroad – Sunday, October 21, 2:30

TEENS

The Return of the Teen Zone!

Back to school means back to the Teen Zone! The Teen Zone re-opens on Tuesday, September 4. Come visit us after school to relax and recharge! We have computers available so you can do your homework plus games and movies so you can unwind! Open every day when school is in session from 2:00 – 4:00.

DIY Friday in the Teen Zone – 2:30 - 3:30

Come to the Teen Zone on Fridays and Do It Yourself! In September we will be making back to school crafts and healthy homemade snacks! Follow us on [instagram@westburyteenzone](https://www.instagram.com/westburyteenzone) for the latest updates.

Teens: SAT Crash Course – Monday, October 29, 6:00 - 8:30

This 2 ½ hour class covers the latest tips, tricks, and strategies for the SAT. Taught by one of Curvebreakers' highly qualified tutors, it is perfect for students looking for added confidence right before the exam or for those who want to get a headstart on their test prep. Content includes test taking strategies, timing tips, and specific steps for each question type. All materials are provided. Registration is required, sign up at the front desk. Out-of-district students are welcome.

Board of Trustees

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Judy Gerrard, Vice-President
Scott C. Cooper
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Thomas Maxheimer

Director

Colleen McCrea

Board Meeting

Monday, September 24.....7:00
Tuesday, October 16.....7:00

Cottage Hours

Wednesday.....10:00 - 1:00
Thursday.....1:00 - 5:00
Saturday.....12:00 - 4:00

First Saturday

Adult Library Hours

Monday.....10:00 - 9:00
Tu, W, Th, Fri.....9:00 - 9:00
Saturday.....9:00 - 5:00
Sunday, Sept. 9.....1:00 - 5:00

Library Closed

September 1-3.....Labor Day Weekend

Children's Library Hours

Monday.....10:00 - 8:00
Tu, W, Th.....9:00 - 8:00
Fri, Sat.....9:00 - 5:00
Sunday, Sept. 9.....1:00 - 5:00

Library Closed

September 1-3.....Labor Day Weekend